

**OAKLAND SOCCER CAMPS
SUMMER 2010
RESIDENT and GK CAMP SCHEDULE**

RESIDENT and GK CAMP- July 11-15 and July 25-29, 2010

- **Sunday**

11am-1pm	Check-In-Oakland University Athletics Center Lobby
1:15pm	Orientation Meeting outside of Dorms- Both Commuters and Residents *Be Dressed for Practice
2-4:15pm	Technical/Tactical Training (Lower Soccer Fields)
4:30pm	Dinner
6:30-8:30pm	6v6/8v8 Evaluation Games (Lower Soccer Fields)
9-10pm	Swimming or Down Time
10:30pm	Room Check
11pm	Lights Out

- **Monday-Thursday**

7am	Wake Up
7:30am	Breakfast
9-11am	Technical/Tactical Training (Lower Soccer fields)
11:15am	Lunch
Noon-1:45pm	Rest Period
2-4:15pm	Technical/Tactical Training (Lower Soccer fields)
4:30pm	Dinner
6:30-8:30pm	6v6/8v.8/11v11 Tournament
9-10pm	Movies and/or Swimming
10:30pm	Room Check
11pm	Lights Out

- **Thursday Additional Info.**

*Camp will conclude with the Tournament Finals beginning at 6:30pm and an awards ceremony on Thursday evening at 8:30pm on the Lower Soccer Fields. Parents are welcome! **(Please park in the parking structure outlined on campus map)**

*Check out of the residence halls for residents is at 9pm Thursday following the awards ceremony

COMMUTER INFO

- Sunday schedule includes check in at OU Athletic Center between 11am-1pm and concludes with pick up on Lower Soccer Fields Parking Lot (Lot 13) at 8:30pm
- Monday-Thursday Schedule
 - Drop Off on Lower Soccer Fields (Lot 13) at 8:45am
 - Pick Up is at 8:30pm in:
 - Lot 13
 - If Commuters want to swim then pick up will be at Hill House dorm at 10:15pm
- Tuition includes lunch and dinner (no breakfast)